

Valley Assistance Services

3950 S. Camino del Heroe, Green Valley, AZ 85614

P – 520.625.5966 F – 520.625.1261 www.valleyassistanceservices.org



Valley Assistance Services Annual Report, 2020

Mission: Combining social services and community health, Valley Assistance Services guides seniors, individuals, and families to live healthy, resilient, and vibrant lives, while remaining safe and independent.

Vision:

Valley Assistance Services, a blend of community health and social services, will be recognized throughout our service area for our professionalism, compassionate care, advocacy, and essential and effective programs that promote dignity and self-sufficiency to seniors and families.

Diversity:

Green Valley Assistance Inc., dba Valley Assistance Services is an equal opportunity employer. Green Valley Assistance Services Inc., dba Valley Assistance Services is committed to providing equal opportunity in employment, volunteer opportunities, staff promotion, and delivery of programs/services, without regard to gender, age, race, color, religion, physical and mental handicaps, economic status, gender status, marital status, national origin, sexual orientation, veteran status or political conviction.

2020 Statistics:

6,400 Individuals served

Volunteers Serving: 142 (all programs)

Volunteer Hours: 6130

Value of Volunteer Hours: \$153,250.00

Miles driven by volunteers: 37,400

Value of Volunteer Miles Driven: \$21,505.00

1,200 square miles in rural southern Arizona, centered on the Interstate 19 corridor

Going Home with Care: Care transitions from hospital to home in partnership with the local Green Valley/Santa Cruz hospital, a post-hospital discharge program with specific diagnoses to help ensure recovery and discharge follow through; our VAS RN provides home visits to assess each client's health for care needs, makes sure clients have needed medications and knowledge of medication use, to reduce readmissions.

- Televisits (in-person visits suspended due to COVID-19): 260 visits, 65 clients

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A Touch That Cares ®: RN Medical Advocacy for seniors facing chronic illness including in-home health education and medical support; health advocacy between patients and physicians, pharmacists, and other care providers, and assistance to help clients improve their quality of life through coordination of a personalized care plan, medication education and management, exercise education and assessments, and family/caregiver education.

- In-person visits (essential service, not suspended during COVID-19): 312 visits

SH/M ®: (Safety and Health in Motion), a partnership with the Green Valley Fire District is an evidenced-based fall prevention program designed to identify medical fall risks, reduce fear of falling through an in-home assessment of fall risks: home, medication, lifestyle, and health. The program provides in home safety assessments followed by installation of needed safety equipment including night lights, reach sticks and smoke alarms.

- In-person suspended due to COVID-19, Green Valley Fire Corp (partnering organization) suspended; VAS Registered Nurse made patio visits to safely discuss fall safety and prevention: 120 visits

Neighbors Helping Neighbors in Green Valley/Sahuarita and Tubac Regional Neighbors Helping

Neighbors: Volunteer Transportation and socialization program. Trained volunteers provide transportation to medical appointments, grocery shopping, and other essential trips, as well as performing errands for homebound, isolated seniors. (in partnership with Pima Council on Aging Neighbors Care Alliance).

- 83 new volunteers
- 3,800 volunteer hours
- Volunteer miles 37,400

MAP (Map a Plan program): Monetary assistance for rent, utilities, to prevent evictions and homelessness, including required attendance in 6 hours of budgeting classes. Savings and benefits information and resources including on-line SNAP (food stamps) application assistance and Arizona Self-Help program are available to all clients.

- 1000% increase over year prior in number of clients
- 220 households able to stay in their home
- 220 SNAP (foodstamps) pre-screening

Workforce Training/Career Path Building and Computer Lab: including resume writing, mock interviewing, and job search

- 92% of unemployed wage-earners found employment
- Computer Lab, open for public use, was opened during COVID (appropriate social distancing and sanitation protocols developed)

Green Valley Sahuarita Amado Tumacacori Arivaca Tubac Carmen

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Neighbors AIM (Awareness in Memory Loss): ongoing support classes and peer-support groups support loved ones, family, friends, and neighbors of dementia sufferers, and those with early-stage dementia through creative events, simulation experiences, and education. This program, overseen by RN's and a counselor, creates a community/neighbors sense of caring for those with memory loss and their loved ones. Dementia and memory loss are challenging illnesses. These affect all of us in some way.

- Suspended due to COVID-19, however, RN's provided telephonic support to persons with dementia and their caregivers throughout pandemic

Socialization Programs:

connectwithU: volunteers provide over 1,300 friendly phone calls to senior citizens

- New program, volunteer team provided over 1300 phone call each month to persons who were permanently homebound or isolated due to pandemic

SASS (Socialization and Support for Seniors): in person peer-group socialization

- Suspended due to COVID-19