



Valley Assistance Services

3950 S. Camino del Heroe

Green Valley, AZ 85614

(520) 625-5966

Heath Classes

Diabetes Classes at our
Green Valley office

Monday's October 23 & 30, 2023

November 6 & 13, 2023

RVSP (520) 625-5966

(Registration Required)

Holiday Blues & Depression

December 07, 2023 at 1PM

TUBAC Community Center

50 Bridge RD

Tubac, AZ 85646

(Registration Required)

Fall Prevention Stay Vertical
SIGN UP **TODAY** FOR SHiM®,
Safety and Health *in* Motion®

Call for more information



Consider
Volunteering

There are many opportunities at
Valley Assistance Services.

Come visit us & take a tour

Visit & tour

Upcoming Events 2024

EPIC Education-
Classes



*Join our special Speakers each
week beginning January 2024

Registration begins soon



February 17 2024
Empty Bowls event

Yard Sale Coming Soon VAS location

December 01 & 02, 2023 at 8AM

Workforce Training Center

Open to the Public

Mon, Wed, Thurs 2-4 PM

Tues 9-4 PM

Also available by appointment

Call for more information